



# Prayers to begin the day

## Our Father

*Our Father,*

*Who art in heaven,  
hallowed be Thy name;*

*Thy kingdom come;*

*Thy will be done on earth as it is in heaven.*

*Give us this day our daily bread;*

*and forgive us our trespasses*

*as we forgive those who trespass against us;*

*and lead us not into temptation,*

*but deliver us from evil. Amen.*

## Hail Mary

*Hail Mary, full of grace. The Lord is with thee.*

*Blessed art thou amongst women,*

*and blessed is the fruit of thy womb, Jesus.*

*Holy Mary, Mother of God,*

*pray for us sinners,*

*now and at the hour of our death. Amen.*

## Glory Be

*Glory be to the Father,*

*and to the Son,*

*and to the Holy Spirit,*

*as it was in the beginning,*

*is now, and ever shall be,*

*world without end. Amen.*